



NURTURE YOUR MIND, BODY & SPIRIT

BARJON'S

BOOKS MUSIC GIFTS

223 NORTH 29TH STREET, BILLINGS, MONTANA 59101 • 406-252-4398 • 800-788-4318 WWW.BARJONSBOOKS.COM

Monthly
Newsletter

June 2011

The Happiness Within

A Note From Us...

There is a story in India of a beggar who lost everything but his ragged old coat, which had been passed down to him from his father. So he resolved to live the life of a beggar and roamed the streets seeking money.

One day a wise man with spiritual vision came upon him. After placing some money in he bowl he says, "That which you seek you already have" and walks away.

In an instant the beggar became aware of a lump in his jacket, which he always had thought of as a defect in the design. Upon examining it further he discovered a brilliant sapphire, which his father had sewn into the lining for safe-keeping.

Often times we are like the beggar, spending so much time seeking outside ourselves for happiness. Let us all challenge ourselves this month: when we find ourselves seeking happiness in people, places, activities (or even our vacations), let's take a moment to see if we can find the sapphire within us. Perhaps happiness is not so far away after all.

Blessings to you!

The Group Channel

Wednesday, June 22, 6:30 - 8:30pm
With Sam Herbert

Join us in this fun and inspirational group channeling session focused on centeredness and preparing participants to tune into higher consciousness. Sam Herbert utilizes his gifts to assist the group by channeling information to bring health and healing. Admission \$10.

The Map

Finding the Magic and Meaning in the Story of Your Life



By Colette
Baron-Reid

\$14.95
Paperback

Intuitive counselor Colette Baron-Reid is renowned for helping people create the purposeful and authentic lives they desire. In this fascinating book, Colette hands you the "magic wand" of your own awareness so that you can begin to perceive your life as a wonderful adventure, and see yourself as an enchanted mapmaker.

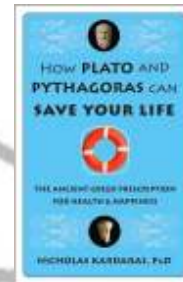
Enter a deep journey into your inner landscape and meet the imaginary beings that hold the keys to the wisdom hidden in your subconscious: the Wizard of Awareness, the Gentle Gardener, the Bone Collector, and the spirits of the psychological terrain you traverse, who know where to find the treasure in each experience. Discover how to tame the mischievous trickster Goblin, who locks you into old habits. Each of these aspects of your psyche has lessons for you, and each responds to your directions, for you are in charge of your own map.

You don't have to feel lost or disoriented in this time of global transformation, or be at the mercy of the winds of change. The Map invites you to boldly claim your power to direct your journey so that you may find meaning, purpose, and joy. Step into the magic, and harness the extraordinary power within you to shape your destiny.



How Plato and Pythagoras Can Save Your Life

The Ancient Greek Prescription For Health and Happiness



By Nicholas
Kardaras

\$21.95
Hardcover

University professor, psychotherapist and recovering former nightclub owner Dr. Nicholas Kardaras presents a mind blowing, reality rocking, and life changing approach to Greek philosophy. Having once owned celebrity-studded NY nightclubs where he had mingled with the likes of JFK, Jr., Uma Thurman and Tom Cruise, Kardaras would emerge from that glamorous-yet-self-destructive world to discover the powerful and transformative teachings of his ancient ancestors. To his amazement, he learned that ancient Greek philosophy, contrary to popular misconceptions, was not a dry and academic pursuit, but a vibrant and holistic transformative practice.

In How Plato and Pythagoras Can Save You're your Life, Dr. Kardaras breathes new life into those ancient teachings as he incorporates some of the most cutting edge advances in the fields of quantum mechanics and consciousness research to validate the insights and wisdom of the ancient Greek sages. As he guides readers through an array of contemplative practices designed to help them live a more meaningful life, Kardaras warns the reader to be prepared because they just might also "catch a glimpse of that trippy realm called "Ultimate Reality".



THERE'S STILL SPACE LEFT! Kryon & Lee Carroll Coming to Billings!

Sunday, June 26th
2:00pm : 7:00pm
Doors open at 11:00
MSU Downtown Conf. Ctr.
Third Ave. North - Across from Alberta Bair
Billings, MT

ADMISSION: \$95
Contact: Barjon's Books
kryonbillings@kryon.com
800-788-4318

You Can Register Online...
www.kryon.com/register-billings

LEE CARROLL has channeled Kryon for 21 years worldwide and is the author of the Kryon Series of 15 books in 24 languages (so far). Having presented seven times at the United Nations in New York, as well as in 20 different countries overseas,

UPCOMING EVENTS

- June 1, Wed. - Didgeridoo Meditation, 7 - 8pm, Free!
- June 2, Thurs. - Spirit Quest Group, 6:30 - 8pm, Free!
- June 3, Fri. - First Fridays Downtown: Bodywork Mini-Fair at Barjon's. Sample the skills of local healing practitioners. 10 minute sessions only \$5.00! 5 - 8pm
- June 7, Tues. - Basic Yoga with Lisa Knowlton, 11am - Noon, \$10
- June 8, Wed. - Didgeridoo Chill-Out Session, 5 - 5:45pm, Free!
- June 9, Thurs. - Spirit Quest Group, 6:30 - 8pm, Free!
- June 14, Tues. - Basic Yoga with Lisa Knowlton, 11am - Noon, \$10
- June 15, Wed. - Didgeridoo Chill-Out Session, 5 - 5:45pm, Free!
- Singing Bowl Meditation, 7 - 8pm, \$5.00
- June 16, Thurs. - Spirit Quest Group, 6:30 - 8pm, Free!
- June 17, Fri. - Crystal Workshop with Pearl Bergeman, 7 - 8pm, \$10.
(Register by 6/16 at Noon)
- June 21, Tues. - Basic Yoga with Lisa Knowlton, 11am - Noon, \$10
- June 22, Wed. - Didgeridoo Chill-Out Session, 5 - 5:45pm, Free!
- The Group Channel Session with Sam Herber, 6:30 - 8:30pm, \$10
- June 23, Thurs. - Spirit Quest Group, 6:30 - 8pm, Free!
- June 24, Fri. - Singing Bowl Meditation, 7 - 8pm, \$5.00
- June 28, Tues. - Basic Yoga with Lisa Knowlton, 11am - Noon, \$10
- June 29, Wed. - Singing Bowl Meditation, 7 - 8pm, \$5.00
- June 30, Thurs. - Spirit Quest Group, 6:30 - 8pm, Free!

FOR DETAILS VISIT
WWW.BARJONSBOOKS.COM

Attention Bellydancers!

Just in...a NEW shipment of bellydance apparel including hipscarves, coinbelts, cholis and skirts. Hurry down while the pickin's are good! Yalla!



June Crystal Workshop

Please join Pearl Bergman on Friday, June 17th at 7pm for a one-hour session covering the metaphysical properties of **tourmaline** family of crystals. You will have an opportunity to handle these crystals as well as review the basics of caring for your crystals. **Please pre-register by June 16th at Noon if you plan to attend.** Cost: \$10



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NURTURE YOUR MIND, BODY AND SPIRIT.
BARJON'S
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stars above stars below

By Omi Preheim, Astrologer - www.omipreheim.com - omi@omipreheim.com



June 2011

Be humble, for you are made of earth. Be noble, for you are made of stars. ~ Serbian proverb

On June 4, Jupiter finishes its whirlwind 2011 tour through Aries (January 23-June 4) and enters the sign of Taurus, where it will remain until June 2012. Jupiter in Aries put the pedal to the metal on comfort zones and pushed the limits. What have you set in motion since January? Now Jupiter takes the creative seeds of Aries and brings them

down to earth, rooting sprouts and nourishing new growth. Jupiter in Taurus tends the garden within, and unearthing beauty, sensual pleasure, accomplishment, abundance, and perhaps most of all, peacefulness.

June also brings a three-eclipse season:

June 1: New Moon Solar Eclipse at 2 Gemini

June 15: Full Moon Total Lunar Eclipse at 24 Sagittarius

July 1: New Moon Solar Eclipse at 9 Cancer

None of these eclipses will be visible here in the U.S. Nevertheless eclipses are major significations of collective karma. Or, as I have been known to say, eclipses often feel like a big kick in the b*##. In terms of individual repercussions, all eclipses are not created equal. If, however, these degrees relate to planets or angles in a natal horoscope, then it can be useful to know the game plane: where or how one may expect to be punted. The Gemini/Sagittarius axis concerns information dissemination and travel, while Cancer/Capricorn builds secure foundations in family and business.

Summer Solstice arrives on June 21 at 11:16 a.m. MDT. Blessings to all as we stand on the threshold of a new season of life: may we relish the hot summer days after a long cold winter.

- Omi Preheim - Billings Astrologer



A Call to Vendors

It's fast approaching that time of year again! We are excited to announce that Barjon's will be hosting the **Art & Soul Festival 2011** on **Saturday, October 22** at the Shrine Auditorium.

Join us in this wonderful event celebrating creativity and alternative healing in Montana and Northern Wyoming.

Vendors, now is the time to register. You can go online to the website to download the PDF registration form.

There are 60 booths available and space fills quickly, so we encourage you to register early.

The Art & Soul Festival is a non-profit fundraiser for the Konzerts for Kids Series of the Billings Brain Injury Support Group, An Optimists International Program.

We will keep you posted on event details as we get closer! Hope to see you all there!

www.artandsoulfestival.org

August 19th, 20th & 21st 2011

4th Annual

YELLOWSTONE VALLEY BELLY DANCE FESTIVAL



MIRA BETZ
RUBY BEH

GALA SHOWCASE

ALBERTA BAIR THEATER

Saturday, August 20th

7:00PM ADMISSION: \$12.00

Dancers from across Montana will gather at the region's biggest festival to showcase the many beautiful styles of bellydance!

Also, this one-night-only show will feature professionals Mira Betz (Oakland, CA) & Ruby Beh (Las Vegas, NV)!

Presented by: Raks Alimah Bellydance Troupe
www.raksalimahbellydance.com

Monday - Saturday 9:30am - 6:00 pm • www.barjonsbooks.com • info@barjonsbooks.com • (406) 252-4398

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Intuitive Readings & Personal Coaching Sessions

For Appointments Call
(406) 252-4398



Mondays

Intuitive Readings

with Roxanne
20 min. Session for \$20.00
30 min. Session for \$30.00

12 - 4pm

Roxanne has the natural ability to easily access information from "the other side of the veil." She provides intuitive readings that can lead to a greater clarity, intent, and creativity. Practical tools and information are given that identify areas where growth, ease and balance can be restored within physical and emotional well-being, life patterns, prosperity and relationships.

Roxanne is new to Billings and brings a professional clairvoyant practice with over fifteen years experience. She is a Reiki Master, Certified Essential Oil Practitioner, and Advanced Theta & Serenity healer and instructor. In addition to individual readings and hands-on healing, Roxanne is available for individual or group instruction (406)671-8839.



Tuesdays

Intuitive Readings

with Elizabeth Almanning
5 min. Session for \$10.00
10 min. Session for \$20.00
20 min. Session for \$40.00

12 - 4pm

Looking for clarity or direction? Elizabeth Almanning, M.Ed., is a spiritual intuitive, life coach, and energy healer with over twenty years experience helping others to find understanding and inspiration. Through clairaudience and channeling, she provides guidance about all aspects of life, including career, relationships, current challenges, karmic blessings and lessons, and your life's purpose and path. In addition to individual readings and hands-on healing work, Elizabeth does group readings (the Spirit Message Circle) and teaches classes on how to develop your own intuitive gifts. For details, visit www.holdinglight.com.



Tuesdays

Power Coaching

with Shelley Hayes
15 min. Session for \$30
30 min. Session for \$60

4 - 6pm

Are you in pain in your mind, your heart, and your spirit, knowing you are not reaching for your true potential? This can be a blessed place to be in! Shelley helps clients like you walk through this part of your life with grace, strength and dignity. You will learn how to stop limiting yourself, and find the peace, enthusiasm and balance you are seeking. Shelley uses techniques, tools, and exercises that take the best of business, spirituality and coaching models to create powerful and effective ways for you to feel empowered and passionate about your dreams. Your dreams can become a reality! For more information visit...

www.empoweringpossibility.com.



Wednesdays

Intuitive Readings

with Roxanne
20 min. Session for \$20.00
30 min. Session for \$30.00

12 - 4pm

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Thursdays

Intuitive Readings

with Sonja Roy
20 min. Session for \$20.00
30 min. Session for \$30.00

12 - 4pm

Do you need genuine, honest advice?

Sonja Roy is an Earth Angel, empath, clairvoyant, and Reiki healer with over 13 years helping others to feel good about themselves and their lives. As a professional cosmetologist and owner of Salon Mariposa, Sonja has learned to bring out the beauty in each person.

Sonja uses Tarot and Angel cards to tune into your energy and answer your questions. Her honest, caring readings will help you to understand your life path and choices.



Saturdays

Intuitive Readings

with Roxanne
20 min. Session for \$20.00
30 min. Session for \$30.00

12 - 4pm

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Relax and Heal at Barjon's... Singing Bowl Meditation

8 person limit per meditation.
Call to reserve your space today.

7 - 8 pm

Admission \$5.00

- Wednesday, June 15th
- Friday, June 24th
- Wednesday, June 29th

We invite you to come and experience the amazing power of sound vibrational healing and relaxation every month at Barjon's.

Admission is \$5.00 per person. Space fills quickly, so please RSVP to Barjon's at 406-252-4398.

Traditionally this meditation is done laying down (though not required). You are encouraged to bring a blanket and/or a yoga mat for padding, as well as a few pillows for your head and legs.

For more information, please call (406)252-4398



Bodywork Mini-Fair

Friday, June 3rd from 5 - 8pm

Join us for an evening of healing. We will be having a variety of bodyworkers and hands-on healers at Barjon's from 5 - 8pm. Enjoy 10 minute mini-sessions for only \$5.00 each! Hope to see you there!

Monday - Saturday 9:30am - 6:00 pm • www.barjonsbooks.com • info@barjonsbooks.com • (406) 252-4398

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