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BARJON'S BOOKS MUSIC GIFTS

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Monthly
Newsletter

February 2012

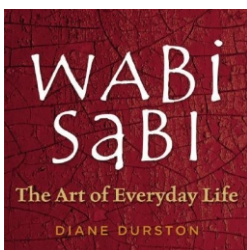
Beautiful Simplicity

What Is Wabi Sabi?

Pared down to its barest essence, wabi-sabi is the Japanese art of finding beauty in imperfection and profundity in nature, of accepting the natural cycle of growth, decay, and death. It's simple, slow, and uncluttered—and it reveres authenticity above all. Wabi-sabi is flea markets, not warehouse stores; aged wood, not Pergo; rice paper, not glass. It celebrates cracks and crevices and all the other marks that time, weather, and loving use leave behind. It reminds us that we are all but transient beings on this planet—that our bodies as well as the material world around us are in the process of returning to the dust from which we came. Through wabi-sabi, we learn to embrace liver spots, rust, and frayed edges, and the march of time they represent.

Wabi Sabi

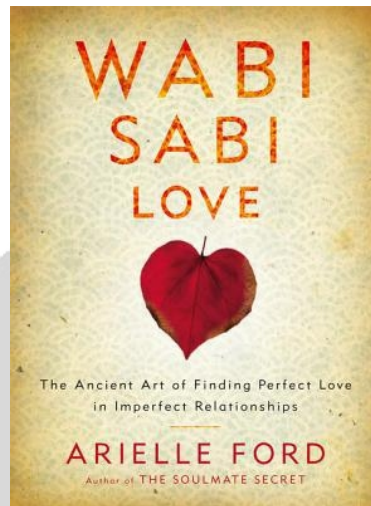
The Art of Everyday Life



By Diane
Durston

Paperback

With "slow living" as the newest incarnation of the simplicity movement, the search for fresh inspiration on ways to live a more authentic life is as pressing as ever. This collection of simple, yet profound insights in an irresistible, hold-in-the-hand package offers readers the opportunity for slowing down, living modestly, and appreciating the natural and imperfect aspect of material culture.



WABI SABI LOVE

*The Ancient Art of Finding Perfect Love
in Imperfect Relationships*

by Arielle Ford
Hardcover

Love. It's right up there with air, food, and water as the most necessary of ingredients for existence. And yet it is one of the hardest things to find, and perhaps an even harder thing to hold on to.

The truth is you're not perfect, and neither is your partner. But you can be perfectly imperfect together. In *Wabi Sabi Love*, international bestselling author and relationship expert Arielle Ford applies the wisdom of Wabi Sabi—the ancient Japanese idea of illuminating the beauty in imperfection—to love relationships. *Wabi Sabi Love* is the practice of exploring, embracing, and cherishing the quirks, irritations, and limitations that make you and your partner unique and that form your shared history as a couple.

Wabi Sabi Love provides the tools to see yourself, your partner, and your partnership in an entirely new light, develop a deep and profound appreciation for each other, and experience more balance, harmony, and joy in your relationship than ever before. *Wabi Sabi Love* teaches you to:

- turn conflict into connection and differences into mutual passions
- move from "annoyed" to "enjoyed"
- establish new beliefs and habits that better serve your relationship
- cultivate humor, humility, and generosity to diffuse those moments when you would normally retreat or slip into tired judgments, criticisms, or resentments

Using real-life stories of couples who applied Wabi Sabi and found their relationships transformed, *Wabi Sabi Love* can revolutionize your relationship whether you're navigating financial challenges, raising children, caring for aging parents, coping with a seemingly insurmountable betrayal, or just facing mundane frustrations and everyday stressors. By shifting the focus from what's wrong to what's right, *Wabi Sabi Love* reveals a pathway to true love and your happily ever after.

UPCOMING EVENTS

Feb. 11, Sat. - Crystal Workshop - with Pearl Bergman, 10am - Noon, \$12
(Pre-register by Feb. 10th at Noon)

Feb. 18, Sat. - Tibetan Singing Bowl Meditation with Jim Nymeyer, 1 - 2pm, \$10
(Pre-register by Feb. 17 at Noon)

Feb. 18, Sat. - Dances of Universal Peace, 3 - 4pm, Free!

Feb. 24, Fri. - Inspirational Film Night, 6:30 - 8:30pm, Free!

Feb. 25, Sat. - Spirit Message Circle - with Elizabeth Almann, 10am - Noon, \$30
(Pre-register by Feb. 24 at Noon)

ONGOING EVENTS

Every Tuesday - Basic Yoga, 11am - Noon, \$10

Every Friday - Oneness Blessings, 12 - 1pm, FREE!

A Perfect Gift for the One You Love



Glass Rhapsody works with a variety of art glass artisans from the Czech Republic. Each heart is completely hand made with attention and brilliance. Their work is exported to many countries in Europe and has just recently been introduced to the USA.

— EVENT —

Tibetan Singing Bowl Meditation



Saturday, Feb. 18th, 1 - 2pm

Admission \$10.00

(Register by 2/17/12 at Noon)

We invite you to come and experience the power of sound vibrational healing and relaxation.

— EVENT —

Heart Chakra Balancing Sessions

Celebrate this month of love with balance and joy!



Saturday, February 11

1:00 - 3:00pm

A 10 Minute Session for only \$5.00!

Featuring Mojgy Khalili, Marcia Reichert, Sam Herbert and Christopher Snell

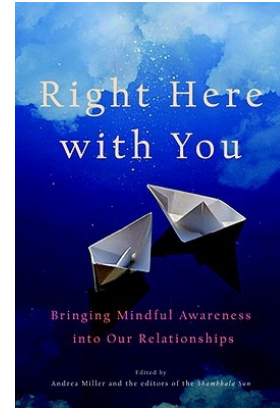
Hand-made Cards by Eastern Sun Printworks



Eastern Sun Printworks cards are designed and silkscreened by Nancy Hamlin-Vogler in her colorful studio near St. Augustine's Fountain of Youth. Each print is unique due to subtle variations created by the harmonious blend of colors across the screen. Check 'em out!

Right Here With You

Bringing Mindful Awareness into Our Relationships



Edited by Andrea Miller and the Editors of Shambala Sun

Paperback

In recent years scientists have discovered that mindfulness can reduce stress, improve mood, and enhance our sense of well-being. In this book, readers learn how mindfulness can be brought to bear in our relationships to increase intimacy, strengthen communication, and help us to find greater fulfillment.

This landmark collection of writings explores how mindfulness—the practice of deepening our moment-to-moment awareness—can help us to open our hearts, improve communication, end destructive patterns, and be more fully present with each other.

Discover how intimate relationships can become a rich form of spiritual practice.

Chapters and contributors include:

- Zen teacher Thich Nhat Hanh on what mindfulness is and why it lies at the heart of real love
- Psychotherapist David Richo on finding a partner
- Psychotherapist and meditation teacher Tara Brach on the power of forgiveness
- Rabbi Harold Kushner on striving to give love rather than get it
- Novelist Jane Hamilton on a marital meltdown—and recovery
- Meditation teacher Susan Piver on the value of heartbreak
- Psychologist John Welwood on relationships as a path of personal and spiritual growth

STARS ABOVE STARS BELOW

By Omi Preheim, Astrologer - www.omipreheim.com - omi@omipreheim.com



February 2012

On February 4, 2012, Neptune will re-enter its home realm of Pisces where it will remain until 2025, generating an extended dreamtime period for all humanity. The best of Neptune is to be found in dreaming the future we desire: the worst is hiding our heads in the sand, preferring fantasy to reality. And, as usual, the choice is up to each one of us.

*"Would you tell me, please, which way I ought to go from here?"
"That depends a good deal on where you want to get to," said the Cat.*

~ Lewis Carroll, Alice's Adventures in Wonderland

Trying to capture the essence of the deep blue planet is easier done with art and music rather than words. It is unconscious and collective. Neptune and Pisces deal in religion and all belief systems. When Neptune was last in Pisces 1521-1535), the Protestant Reformation swept across Europe. Imagine what collaborative revolution in belief systems such as religion, government, capitalism, education, might look like. Also, Neptune "rules" oil and water, so we can expect humanity will be occupied with global oil and water issues during this time frame.

The collective unconscious is as vast as the oceans and as unknowable as the universe. For the next thirteen years, Neptune in Pisces will take us on a tour. Zero degrees Pisces "is the threshold between the Age of Pisces and the Age of Aquarius, whose exact point in space-time continues to elude us. As Neptune crosses this threshold, we have an opportunity to awaken and use Neptune more consciously" (Michele Finey, Astrologer). I say, dream on!

Inspirational Film Night

at Barjon's Books

Friday, February 24th

**Admission is FREE!
Attendance is limited to 25 people.
First come first served.**

6:30 - 8:30pm

Join us for a series of deep and inspirational short films followed by a group discussion.



The Festival of Broken Needles

There is a 400 year old tradition in Japan, called the Festival of the Broken Needles. Japanese women gather once a year on February 8th at Buddhist Temples to thank their old, worn out broken needles for good service.

The festival, called Hari-kuyo, speaks of a time to acknowledge the simple, everyday objects that we use.

So take a moment this month to reflect and be thankful for all the simple, sometimes overlooked blessings in our lives.

— CLASS SERIES —

Crystals & The Chakras



A series of three classes is being offered about Crystals & Chakras in early 2012! Both an explanation of the chakras as well as the various crystals will be presented in this program.

Starting February 11th, 2012, the first class will encompass the first and second chakras and all the colored stones that relate to these two: reds, oranges, pinks as well as the grounding stones which are primarily black and brown.

For information of the 2nd and 3rd classes, please visit our website at www.barjonsbooks.com.

Classes are the second Saturday of the month, from 10 a.m. to 12 p.m., in February, March and April. You can attend one class for \$12 or sign up for all three for a total cost of \$30. Please feel free to bring any stones and crystals you currently have if you need further information about them. This is a great way to learn about many new and unusual stones! Sign up at Barjon's by the Thursday before each class. The class is being taught by Pearl Bergman.



Mondays
Conversation Corner

with Glenda Martin
Free! Walk-ins welcome!
11am - Noon

Each Monday from 11:00 to noon, drop in the **Conversation Corner** to exchange thoughts on how your reading may have awakened new possibilities or affirmed something for you.

"You are invited to have a cup of tea as we share ideas or insights from our favorite Barjon's books."

"Please stop in and say hello. I look forward to visiting with you."

— Glenda Martin, a long time seeker of universal knowledge



Tuesdays & Thursdays
Intuitive Readings

with Roxanne Wolfe
20 min. Session for \$20.00
30 min. Session for \$30.00

12 - 4pm

Roxanne has the natural ability to easily access information from "the other side of the veil." She provides intuitive readings that can lead to a greater clarity, intent, and creativity. Practical tools and information are given that identify areas where growth, ease and balance can be restored within physical and emotional well-being, life patterns, prosperity and relationships.

Roxanne is new to Billings and brings a professional clairvoyant practice with over fifteen years experience. She is a Reiki Master, Certified Essential Oil Practitioner, and Advanced Theta & Serenity healer and instructor. In addition to individual readings and hands-on healing, Roxanne is available for individual or group instruction (406)671-8839.

"All you need is love"

- John Lennon

- EVENT -

Dances of Universal Peace

Saturday, February 18th, 3pm



The public is invited to **Dances of Universal Peace** on Saturday, February 18th at 3pm. These simple, joyous, meditative, multi-cultural circle dances use sacred phrases, chants, music and movements from the many spiritual traditions of the earth to touch the spiritual essence within ourselves and recognize it in others.

FEBRUARY 3RD
ARTWALK
MANA LESMAN
5 - 9PM



Mana Lesman began drawing and painting in the mountains of Montana where she grew up. Having spent the early sixties studying art and architecture at Denver University, Kansas State University and Kansas City Art Institute, the artist traveled across the United States observing people and making sketches. In 1964 she settled in Chicago where she worked the next seven years as a product designer. During this time, she turned her artistic skills toward recording the scenes and the people of Chicago. To the people of the area she was known as 'la Pintora', the 'Lady Painter' and was often found in schoolyards or side streets painting in watercolor or oil. Ms. Lesman began exhibiting in 1976 and has since had over 100 one-woman shows in the U.S. and Canada. Her work is currently in galleries in Billings, Hardin, Red Lodge, Absarokee and Helena, and is accessible on the internet through the major search engines.

"I PAINT WHAT I FEEL STRONGLY ABOUT. THAT INCLUDES MANY THINGS: THE EARTH, ITS LIFE FORMS, MAN AND WOMAN, HISTORY, THE FUTURE, THE PHILOSOPHIES THAT GOVERN OUR PERCEPTION OF ALL OF THESE."

- Mana Lesman

HATS OFF TO PLANTS

JULY 13, 14, 15 2012

MONDAY INTENSIVE: JULY 16
ROBERT DALE ROGERS
NORTH AMERICAN MUSHROOMS

Montana Herb Gathering

AT THE DIAMOND BAR X RANCH
ON THE DEARBORN RIVER
BETWEEN AUGUSTA AND WOLF CREEK

Presenters Include:
Rosalee de la Foret
Laurie Szott Rogers
Heather Nack-Culbreth
Linwood Tall Bull
Abrah Arneson
Matthew Wood
Robyn Klein
Charles Garcia
Darcy Williamson
Beverly Grey
Corey Pine Shane
Todd Caldecott
Elaine Sheff
KRIS Hill

* Yoga with Pamela Quinn

REGISTER AT:
MONTANAHERBGATHERING.ORG