



NURTURE YOUR MIND, BODY & SPIRIT

BARJON'S BOOKS MUSIC GIFTS

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Monthly Newsletter

July 2011

Not Always As It Seems

A Note From Us...

Long ago, in China, there lived an old man. One day he found his horse missing. It was said that the horse was seen running outside the border of the country. The neighbors came to comfort him, saying "What an unfortunate loss!" But the old man was unexpectedly calm and said, "Maybe."

One night the old man heard some noise of horses and got up to see. To his surprise, he saw another beautiful horse as well as his own. It was clear that his horse had brought a companion home. Hearing the news, the neighbors all came saying "What wonderful luck you have!" At the greetings, however, the old man was very calm and thoughtful. He said "Maybe."

Well, the son of the old man was very fond of the new horse that was brought home, and one day, when he was riding the horse, he fell down from the horseback and terribly hurt in his left leg. Since then he was never able to walk freely. The neighbors came and said "How unfortunate you are!". "Maybe." the old man replied.

A year later, many of the youth there were recruited to fight in a war and most of them died. The son of the old man was absolved from the obligation for his disability, so he escaped death.

This old story tells us that regardless of how things appear, it is wise to not be too quick to judge whether something is good or bad. We live in an ever changing world. Just about the time we grasp at something, it changes into something else.

Remember, there are no walls in this world, only doors unseen.

Saved By an Angel

True Accounts of People Who Have Had Extraordinary Experiences with Angels...and How YOU Can, Too!



By Doreen Virtue

\$15.95
Paperback

Do you wonder whether there are angels around you, who they are, and what they look like? In this inspiring work—which is a compilation of the best of Doreen Virtue's books *Angel Visions* and *Angel Visions II*, plus all-new material—you'll read uplifting, true stories by ordinary people who have had extraordinary experiences. Doreen has combed through thousands of reports of angel visions to bring you the most touching and revealing accounts possible.

Doreen also gives you step-by-step instructions that will help you see and visually connect with your angels!

Relax and Heal at Barjon's... Singing Bowl Meditation

- Friday, July 15th
- Wednesday, July 27th

7 - 8 pm

Admission \$10

Space Is Limited,
Register early!



The Seven Spiritual Laws of Superheroes

Harnessing Our Power to Change the World



By Deepak Chopra
with Gotham Chopra

\$25.99
Hardcover

Given the volatile state of the world, it is no coincidence that superheroes have captured our imagination like never before. Everywhere you look, superheroes have broken free from their comic book pages and become a dynamic aspect of the culture at large. Superheroes are imbued with magical powers that challenge the laws of space and time, offering us a vision of a world that can change. By exploring the boundaries of energy and awareness, allowing us to better understand ourselves and our potential, superheroes can help us save the planet in a very real way.

From Buddha's search for truth to Batman's struggle with his dark side, from Wolverine exposing his greatest fears to Hanuman's divine gifts of inspiration, New York Times bestselling author Deepak Chopra with his son Gotham, author and cofounder of Liquid Comics, decode the seven essential laws that govern the realm of superheroes both ancient and modern, cosmic and commercial, and explain their relevance, importance, and perhaps most critically, how to apply them to our daily lives. These seven new transformative laws will help us all uncover greater happiness, courage, balance, creativity, compassion, and purpose in our lives.

Monday - Saturday 9:30am - 6:00 pm • www.barjonsbooks.com • info@barjonsbooks.com • (406) 252-4398

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Introduction to Ayurveda Class

Friday, July 22nd
with Heidi Chapnick



Ayurveda is a science of self healing which encompasses diet, nutrition, lifestyle, exercise, meditation, breath, herbs, along with cleansing programs for healing body, mind, and spirit, as well as color, aromatherapy, sound therapy. It is the science of life and longevity, and takes into account the environment of the individual.

It is a vast science which can take a lifetime to master. In this introduction, we will help you to gain a better understanding of your individual body type and how it relates to your environment. In this way you can begin to make choices which can lead you to a more balanced life, and make you feel more in control of your health and well being.

Friday, July 22, 6:30 - 8:30 pm

Admission \$10 (Please pre-register by July 21st at Noon)

UPCOMING EVENTS

July 1, Fri. - Oneness Blessings from 5 - 8pm, Free!

July 5, Tues. - Basic Yoga with Lisa Knowlton, 11am - Noon, \$10

July 6, Wed. - Didgeridoo Chill-Out Session, 5 - 5:45pm, Free!

July 7, Thurs. - Spirit Quest Group, 6:30 - 8pm, Free!

July 12, Tues. - Basic Yoga with Lisa Knowlton, 11am - Noon, \$10

July 13, Wed. - Didgeridoo Chill-Out Session, 5 - 5:45pm, Free!

- 2012: Navigation Tools for Spiritually Changing Times, 7 - 8:30pm, \$20
(Please pre-register by July 12 at Noon)

July 14, Thurs. - Spirit Quest Group, 6:30 - 8pm, Free!

July 15, Fri. - Himalayan Singing Bowl Meditation, 7 - 8pm, \$10
(Please pre-register by July 14 at Noon)

July 19, Tues. - Basic Yoga with Lisa Knowlton, 11am - Noon, \$10

July 20, Wed. - Didgeridoo Chill-Out Session, 5 - 5:45pm, Free!

- Intuitive Drawing Circle, 6 - 8pm, \$12
(Please pre-register by July 19 at Noon)

July 21, Thurs. - Spirit Quest Group, 6:30 - 8pm, Free!

July 22, Fri. - Introduction to Ayurveda workshop, 6:30 - 8:30pm, \$10
(Please pre-register by July 22 at 12pm)

July 26, Tues. - Basic Yoga with Lisa Knowlton, 11am - Noon, \$10

July 27, Wed. - Himalayan Singing Bowl Meditation, 7 - 8pm, \$10
(Please pre-register by July 26 at Noon)

July 28, Thurs. - Spirit Quest Group, 6:30 - 8pm, Free!

July 29, Fri. - Spirit Message Circle, 6 - 8pm, \$30

FOR EVENT DETAILS VISIT

WWW.BARJONSBOOKS.COM



A Call to Vendors

It's fast approaching that time of year again! We are excited to announce that Barjon's will be hosting the **Art & Soul Festival 2011** on **Saturday, October 22** at the Shrine Auditorium.

Join us in this wonderful event celebrating creativity and alternative healing in Montana and Northern Wyoming.

Vendors, now is the time to register. You can go online to the website to download the PDF registration form. There are 60 booths available and space fills quickly, so we encourage you to register early.

The Art & Soul Festival is a non-profit fundraiser for the Koncerts for Kids Series of the Billings Brain Injury Support Group, An Optimists International Program.

We will keep you posted on event details as we get closer! Hope to see you all there!

www.artandsoulfestival.org

Didgeridoo!

Chill-Out Sessions

Wednesdays
5:00 - 5:45pm

with Mark Cacal



Kick back and relax to the healing vibrations of the aboriginal didgeridoo as played by Mark Cacal.

stars above stars below

By Omi Preheim, Astrologer - www.omipreheim.com - omi@omipreheim.com



July 2011

And the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom.

~ Anais Nin

On July 9 Uranus will turn retrograde within a degree and a half of a square to Pluto, and at the very end of July into early August, these outer planets will be squared at less than 1 degree. Uranus, planet of startling awakening and

revolutionary change squares off with Pluto, the lord of death, rebirth, and regeneration. These two stay within two degrees of one another through mid-September.

So why should we care about this almost square? It will provide a taste of hugely transformative events to come over the next four years. The first of seven exact squares between Uranus and Pluto will occur in June 2012, and they remain in a square dance with one another through March, 2015. Major outer planetary interactions lasting for a lengthy period signify a time when the rubber hits the road.

But first, on July 7 the expansive energy of Jupiter will align in a harmonious way with the underworld lord, Pluto, to help guide us to deeper spiritual understanding of our part in this transformative play. Jupiter and Pluto will exactly trine three times, July 7 and October 28, and for a third time on March 13, 2012.

So get ready to roll. With the pedal to the metal, whatever the future will be is what we will create it to be. We are the ones we've been waiting for. And what are "we" going to do about it?



A Very Special 2012 Class!

WITH DANIELLE EGNEW



2012: Navigation Tools for Spiritually Changing Times

Facilitated by internationally acknowledged Clairvoyant and Medium **Danielle Egnew** (L.A. Talk Radio, NBC, ABC, TNT) "2012: Navigation Tools for Spiritually Changing Times" is a proactive step-by-step 90 minute class on what to expect throughout this physical and spiritual transition that the earth is currently in the midst of. The class sheds light on the vast nature of current changes, why they are occurring, what the ramifications of the changes are, and provides practical "how-to" recommendations that can be applied to daily life when dealing with the current shifts. At the end of the class, Danielle Egnew will take questions, including facilitating one-question Clairvoyant readings from the audience. Bringing paper and pen is recommended for attendees. Join Danielle for an enigmatic evening of education, enlightenment, and entertainment!

Wed. July 13, from 7 - 8:30 pm

Admission \$20

*(Please pre-register by July 12 at Noon)
(406)252-4398*

August 19th, 20th & 21st 2011

4th Annual

YELLOWSTONE VALLEY BELLY DANCE FESTIVAL



MIRA BETZ
RUBY BEH

GALA SHOWCASE

ALBERTA BAIR THEATER

Saturday, August 20th

7:00PM ADMISSION: \$12.00

Dancers from across Montana will gather at the region's biggest festival to showcase the many beautiful styles of bellydance!

Also, this one-night-only show will feature professionals Mira Betz (Oakland, CA) & Ruby Beh (Las Vegas, NV)!

Presented by: Raks Alimah Bellydance Troupe
www.raksalimahbellydance.com

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Intuitive Readings & Personal Coaching Sessions

For Appointments Call
(406) 252-4398



Mondays

Intuitive Readings

with Roxanne
20 min. Session for \$20.00
30 min. Session for \$30.00

12 - 4pm

Roxanne has the natural ability to easily access information from "the other side of the veil." She provides intuitive readings that can lead to a greater clarity, intent, and creativity. Practical tools and information are given that identify areas where growth, ease and balance can be restored within physical and emotional well-being, life patterns, prosperity and relationships.

Roxanne is new to Billings and brings a professional clairvoyant practice with over fifteen years experience. She is a Reiki Master, Certified Essential Oil Practitioner, and Advanced Theta & Serenity healer and instructor. In addition to individual readings and hands-on healing, Roxanne is available for individual or group instruction (406)671-8839.



Tuesdays

Power Coaching

with Shelley Hayes
15 min. Session for \$30
30 min. Session for \$60

4 - 6pm

Are you in pain in your mind, your heart, and your spirit, knowing you are not reaching for your true potential? This can be a blessed place to be in! Shelley helps clients like you walk through this part of your life with grace, strength and dignity. You will learn how to stop limiting yourself, and find the peace, enthusiasm and balance you are seeking. Shelley uses techniques, tools, and exercises that take the best of business, spirituality and coaching models to create powerful and effective ways for you to feel empowered and passionate about your dreams. Your dreams can become a reality! For more information visit...

www.empoweringpossibility.com.



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Thursdays

Intuitive Readings

with Sonja Roy
20 min. Session for \$20.00
30 min. Session for \$30.00

12 - 4pm

Do you need genuine, honest advice?

Sonja Roy is an Earth Angel, empath, clairvoyant, and Reiki healer with over 13 years helping others to feel good about themselves and their lives.

As a professional cosmetologist and owner of Salon Mariposa, Sonja has learned to bring out the beauty in each person.

Sonja uses Tarot and Angel cards to tune into your energy and answer your questions. Her honest, caring readings will help you to understand your life path and choices.



Fridays

Intuitive Readings

with Sam Herbert
20 min. Session for \$20.00
30 min. Session for \$30.00

12 - 4pm

Looking for insight? While he relies on his trusted guide dog to navigate the streets, Sam Herbert is not without vision.

Sam tunes into energy using his natural clairvoyant and empathic channeling abilities to bring healing, direction and clarity to others.

He has connected with people around the U.S., assisting them in a full range of topics including relationships, career paths, spiritual connection, dream interpretation, self discovery and much more.



Saturdays

Intuitive Readings

with Roxanne
20 min. Session for \$20.00
30 min. Session for \$30.00

12 - 4pm

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Bindi Bellydance Troupe



To Perform at Barjon's During
the Farmers Market
July 16th & 23rd

9 - 11:30am

★ Special One Day ★ ★ Appearance! ★



Intuitive Readings

Elizabeth Almann
5 min. Session for \$10.00
10 min. Session for \$20.00
20 min. Session for \$40.00

Tuesday, July 19th

12 - 4pm

Although Elizabeth will not be doing weekly readings at the store anymore, she is making a special appearance during the month of July.

Through clairaudience and channeling, Elizabeth Almann provides guidance about all aspects of life, including career, relationships, current challenges, karmic blessings and lessons, and your life's purpose and path.

Sessions Fill Quickly. Call to reserve your space today!

Raks Alimah Bellydance Troupe



To Perform at Barjon's During
the Farmers Market
July 30, August 6, August 13

9 - 11:30am

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